



**Beating the Blues Computerised CBT Patient Referral**

Please fill in the form below and send to:

**Diane Reilly**

**Beating the Blues Co-ordinator**

**NHS Lanarkshire**

**Psychological Therapies Service**

**Wishaw General Hospital**

**Netherton House**

**Netherton Street, ML2 0DZ**

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| Alternatively contact us directly by email or phone: **01698 366740** |
| **Lan.beatingtheblues@nhs.net** |
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**Please select one of the options below**

I would like to complete **Beating the Blues** at home and understand:

*I will need a PC/Laptop/Tablet with a broadband connection, speakers/earphones*

*and a printer ( contact administrator if you wish to use a tablet or if you are*

*unable to access a printer as copies of printouts can be supplied).*

I would like to complete **Beating the Blues** at one of the community sites.

**Patient Details**

Name: Date of Birth:

Address: Post Code:

Email:

Phone Number: Mobile Number:

Preferred method of contact: Email Phone/Text Letter

*(please place* ***X*** *next to each of the options below)*

**Are you participating in face to face CBT whilst you are completing Beating the Blues ?** Yes No

**Referrer Details**

Referrer Name:

Address and Telephone No.: *(or Practice Stamp)*